



Rowing Club Ramblings

October 2009



Hi everyone,

Here we are in October already. This is a very busy month for us with World Masters in Sydney on the 10th (more about that later in the bulletin), Tweed Regatta at our club on the 24th & our own Regatta the following day. On the 31st the social committee are having a "Hawaiian Night" at the club. A three course meal will be served, a jazz band will be entertaining us. Notices will be going up soon. The night will be limited to 50, so be quick & make your booking when it opens.

World Masters Games

These game are being held in Sydney, with the rowing held at Penrith. Those attending this regatta are as follows, Rick, John Ryan, John Newcomb John Macdonald Jo Meehan Jim Stewart Alison Heagney. Of interest could be the club's E quad which won the Nationals at Rockhampton (Rick JR Newk and self) earlier this year in the time of 3.23.sec will be one of the very few totally club crews

competing with a chance to win, time will tell! We will probably need to get our time below 3.20 to win just the same. Events held over 5 days starting at 7.00am in the morning till 7.00at night with 4 minutes between races. There are over 2000 competitors with the program taking up 45 pages. The team will be loading the boats for the long trip on Wednesday morning. If you want to help or wish them good luck can come down about 7.30am.

Murwillumbah Rowers Show the Kiwi's How It's Done.

Murwillumbah Rowing Club members, Rick Kranen & John Ryan, traveled 'across the ditch' last weekend, to compete in the New Zealand National

Masters Championships. The event, a prelude to the World Masters Games commencing on 10th Oct, proved very fruitful with the pair, arriving home with 5 medals each.

Rick, 3 times C Grade Australian Champion, won 2 gold, 2 silver & 1 bronze medals & is now the New Zealand C Grade Champion as well.

John also enjoyed great success, winning 1 gold, 2 silver & 2 bronze medals. "This was a very good effort, Rick & I had to overcome the New Zealand climate, borrowed equipment & the language barrier," John said. "The Kiwi's were very welcoming until we started to win their medals, then their welcome cooled somewhat!"

Rick & John, along with a small team from Murwillumbah & Tweed will travel to Sydney to compete in the World Masters Championships over the next 2 weeks. The Murwillumbah team has been training consistently & is quietly confident of returning with a good result.

Words from our President

John "Golden Arches" McDonald:

On Sunday 6/0/09, Rick and Kym Kranen and John Macdonald traveled to All Hallows Brisbane to represent the club at that schools end of rowing season awards morning, attended by parents friends and teachers. During that function the School acknowledged its appreciation of the way our club conducted the "Head of the Tweed" race and thanked the club for them wining the Carmody single, which was on display in the packed auditorium. Rick spoke on behalf of the club. (to much applause and the girls lined up for his autograph!)

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Last Sunday, 4/10/09 John Macdonald attended the Tweed Rowing Club's 'name day' The club members had a BBQ at their club and christened the Carmody single that they had also won at the Head. The single looked great, with it's blue pin stripes plus its name 'Head of the Tweed 2009.' in blue.

Their President Leigh Tynan spoke of their appreciation of the way the Head race has been conducted over the last two years and said that they had every intention to continue to support the race and our club in general.

There is no doubt that these valuable 'give a ways' promote and provide enormous good will towards our club and Carmody rowing.

There is a lot of things to done at the club & without members doing their bit like changing light globes, fixing light switches, cleaning the toilets, sweeping out the club house etc. those jobs become a bigger burden to the few who carry them out.

Thank you to all those who take the time to do their little bit without seeking reward. If we all share the load, then the big jobs become smaller.

A little bit of housekeeping – could all members be aware that if they are the last to leave the club house, ensure there is no equipment left out, all windows are shut, all lights are switched off & all doors are shut & locked.

Saturday Beginners

If anyone was wondering where all the people came from last Saturday morning! It was the doing of our Captain/Coach Jenny Capper who on her own, designed a flyer asking for learn to rowers & walked around to the business houses in town asking if they would display the flyer. The result of which 10 new learn to rowers turning up at 6.30am on Saturday. All got to row in a Quad & from the grins at the

end they had a great time. Well done Jenny.

Don't forget to put your name down on list (near the roller shutters) to help out with the Regattas on the 24th & 25th. There is a lot of work to be done. Many hands make light work.



Peace at last